

## Official statement

**By Prof. Elina Georgieva Baltadzhieva-Trendafilova, PhD, MD**  
Head of the ICCU at the Cardiology Clinic of National Heart Hospital EAD, Sofia

**SUBJECT:** Competition for the academic position "Associate Professor" in the field of higher education 7. "Health and Sport", professional department 7.1 "Medicine", in the scientific specialty "Cardiology", for the needs of Cardiology Clinic at National Heart Hospital EAD, Sofia with single candidate **Lyubomir Emilov Baurenski, PhD, MD.**

The opinion was drawn up based on Order No 272/ 17.0.07.20.2020 according to a decision of the Scientific Council (Protocol No 13 of 14.07.2020) on the announcement of a scientific jury for the conduct of this competition. I have no conflict of interest in this contest, I did not find any gaps in the competition documentation.

### BIOGRAPHICAL DATA

Dr. Lyubomir Baurenski graduated in Medicine from the University of Sofia in 1983. He is Board Certified in Internal Medicine and Cardiology; he has a professional qualification for highly specialized activities in cardiology: a fundamental level in echocardiography. In 2017 he received an educational and scientific degree "Doctor" in the specialty "Cardiology" with thesis on the topic " Behavior and treatment of patients with hypertensive crises and acute neurological symptoms (transient or stroke), hospitalized in neurological clinic ". He specialized in the field of cardiovascular prevention in Japan, Austria, and Germany. He began his career as a doctor at Isperih in 1983, and since 1986 he has worked in the National Heart Hospital, growing up at all stages of academic development. Dr. Baurenski is an established and recognized specialist in the field of cardiology. He is a member of the Bulgarian Society of Cardiology, the Bulgarian League of Hypertension, the European Society of Cardiology, the European Society of Echocardiography..

### SCIENTIFIC ACTIVITY

Dr. Baurenski participated in this competition with a total of 88 scientific works distributed as follows: 1 dissertation and autoreferat, 1 monograph, 4 chapters in books, 57 articles in scientific journals, 22 published abstracts from scientific congresses, 3 of articles are in journals with impact factor. Four of the articles and 3 of the abstracts are related to the dissertation. In 42 of the scientific papers, Dr. Baurenski is the first author. Dr. Baurenski has participated in an international scientific project - EUROASPIRE III. He presented 51 citations in Bulgarian journals, in Scopus – 26 citations and in web of Science – 855 citations. Impact factor is not specified. The scientific production of Dr. Baurenski covers the Minimum National Requirements of the Ministry of Health and science and the Rules of Application of the National Heart Hospital with total of 455 points. The data are presented understandably and accurately in the forward-looking materials for review.

Dr. Baurenski's scientific interests are mainly in the field of:

- Epidemiology and prevention of cardiovascular diseases.

- Various aspects of arterial hypertension – risk factors, renovascular hypertension, therapy, hypertension in special populations – urgent neurological conditions and heart failure.
- Multifocal atherosclerosis and echographic assessment of the aorta in hypertension.

### CONTRIBUTIONS

I believe that the most prominent are the contributions of the candidate, mainly related to the own studies in the field of epidemiological research on risk factors among the Bulgarian population.

Dr. Baurenski's research in the field of hypertensive crises in urgent neurological conditions is also an original contribution.

Dr. Bowrenski was one of the first authors in Bulgaria to publish data on outpatient monitoring of arterial pressure.

Dr. Baurenski's monograph on hypertension and heart failure has an essential scientific scope.

### TEACHING ACTIVITY

Dr. Bowrenski is actively involved in the training of students and graduates in cardiology, and for the last 10 years there have been an average of over 250 hours/year.


### IN CONCLUSION

The above characterizes Dr. Emil Baurensky as an established and recognized specialist in the field of cardiology and preventive medicine. I believe that the overall academic, organizational, and teaching activities of Dr. Lyubomir Emilov Baurenski, PhD, fully meet the requirements of the Law on Development of academic staff in the Republic of Bulgaria, as well as the National Heart Hospital for the terms and conditions of the academic position "Associate Professor".

**I will vote positively; I recommend to the Honorable Members of the Scientific Jury to vote for the award of the academic position " Associate Professor " to Dr. Lyubomir Baurenski, PhD in the field of higher education 7. " Health and Sport", professional department 7.1 "Medicine", in the scientific specialty "Cardiology" for the needs of the Clinic of Cardiology at National Heart Hospital EAD, Sofia.**

24.08.2020

Sofia



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